



PROBUZZ...

Monthly Newsletter From

PROBUS CLUB OF CHENNAI

(Sponsored by Rotary Club of Madras)

Regd (148/2004)

An association of Retired Professionals,
Businessmen, Government Employees and others

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சால்பிற்குக் கட்டளை யாதெனின் தோல்வி துலையல்லார் கண்ணும் கொளல்

குறள் 986

சால்புக்கு உரைகல் போல் மதிப்பிடும் கருவி எது என்றால் தமக்கு ஒப்பில்லாத
தாழ்ந்தோரிடத்திலும் தோல்வியை ஏற்றுக் கொள்ளும் பண்பாகும்.

The touch-stone of perfection is to receive a defeat even at the hands of one's
inferiors.

From The President's Desk



Dear Fellow Probians,

Greetings!

It gives me great pleasure to connect with you
through the September 2026 edition of **PROBUZZ**.

We deeply mourn the tragic loss of thousands
of lives in the devastating floods in Nepal. Our
heartfelt condolences go to the bereaved families.

Our **Madras Day, Breakfast Meeting and Independence Day Celebration**
were held on Saturday, 22nd August 2026. On this occasion, we were
privileged to honour three distinguished War Veterans:

- **Army:** Col. A. Krishnaswami, Veer Chakra and Bar to Vishishta Seva Medal
- **Navy:** Surgeon Captain C. V. Natarajan
- **Air Force:** Wing Commander C. Ravishankar

I sincerely thank **Brigadier Jayalakshmi Srinivasan** for arranging their
participation and making the programme memorable.

Seasonal influenza and other viral infections continue to spread across
different parts of the world. I urge all our members to take appropriate

precautions and consult their doctors regarding the **annual influenza vaccination**, particularly those who are at higher risk. Prevention is always better than cure.

For our **September Breakfast Meeting**, we propose to have an informative session on **Digital Literacy and Safety Measures**, which will be especially useful for senior citizens in today's increasingly digital world.

Our **Annual Book 2026** is scheduled to be released towards the end of October. I appeal to all members to kindly support the publication by giving advertisements. I also request you to approach your friends, business associates and other contacts for advertisements. Your support will greatly help us in bringing out this valuable publication.

A recent report in *The Times of India* highlighted that nearly one-third of retirees may be at risk of problematic internet use. Mobile phones, initially embraced by seniors to overcome loneliness and remain connected, can sometimes lead to excessive screen time. WhatsApp, YouTube, Facebook and

online news may gradually occupy several hours of our day, affecting sleep, physical activity and meaningful social interaction.

As senior citizens, let us **use technology wisely and purposefully**. Let us maintain a healthy balance between screen time and walking, reading, hobbies, family interaction and participation in social activities. **Technology should connect us with life—not disconnect us from it.**

Probian S.Ranganatha Rao, our senior member and erstwhile editor of Probuzz generously sponsored and gifted pouches free to all attendees of 22nd August monthly meeting. Probus club of Chennai thanks him whole heartedly for this noble gesture in fond memory of his life partner.

My sincere gratitude to all our **Breakfast Meeting and Newsletter Sponsors**, and to every member for your continued support, cooperation and active participation in the activities of Probus Club of Chennai.

With warm regards,

Annadurai M.

President, Probus Club of Chennai



SECRETARY'S REPORT

Dear Probians,

Warm Greetings to you and your family. After a gap of three months, I am writing to you. Hope we would walk towards the goal with more vigour and enthusiasm, of course with your support and help.

This report outlines the key events, honours, and decisions made during the month of August, 2026.

Executive Committee Meeting Highlights: Decided to celebrate Independence day along with the August month's Breakfast meeting and Inviting War Veterans, from Army, Navy and Air force to the Meeting. Also decided to celebrate Probus Day along with family Meet. By Law & Budget committees were given assignment as decided in the AGM. Celebrating Elders day function

also discussed. The President outlined the main event of Scholarship Disbursement function to be scheduled on 2nd September, 26.

As such, the Monthly Breakfast Meeting was successfully hosted on 22nd August, 2026. Three Veterans from Military were honoured in the meeting, marking a significant and celebratory event for the club. The question and answer session was well received by the members. Few Probians spoke about various features of Madras on the eve of Madras Day also.

Obituary: We regret to inform the sudden demise of fellow Probian, viz., Gomathi Narayanan, Dr, L 011. We place on record her contribution to our club on record.

Pn Ramaraj. V

Secretary.

EDITOR'S

COLUMN



Dear Probian brothers and sisters,

August month proved to be a refreshing change. On 22nd August coinciding with monthly breakfast meeting we decided to honour war veterans from the defense forces. It was a colourful pageant where we got to hear the experiences of the three from the Army, Navy, Airforce. Our own members reminisce on the founding of Madras 387 years ago as Chennapatna and now Chennai. They remembered the tram service and hand drawn rickshaws.

Close on the heels of the breakfast meeting was the scholarship distribution function held at auditorium of Russian House on 2nd September.

Out of 232 students from 46 schools 200 came that day.

This months contributors of articles are a poem by Dr D S Ramiah, a Tamil article by Dr K. Ramalingam, an article on Artificial Intelligence by V. Dhayalan. Two of our members attended the Rotary Club of Madras weekly meeting at the Hyatt Regency on 25th August. Their note and photo with the speaker is an interesting read.

The views and opinions expressed in the articles and writeups are solely those of the respective authors. The Probus Club of Chennai does not accept any responsibility for the accuracy, correctness or completeness of the content.

V. Balachander, Editor
Blchndrv781@gmail.com

AUGUST CONTRIBUTIONS

Sr. No.	BF Sponsor	Amount	SS Fund	Amount	Scholarship Fund	Amount
1	D. Madavamoorthy	2000	Jagannathan V	500	Veeraiyan P T	7500
2	S.P. Velumani	2000	Venkatraman R	2000		
3	R. Venkatesan	2000				
4	V. Dhayalan	4100				
5	T. Somasundaram	5000				

Scholarship Event at Russian House on 2nd September 2026



We Wish A Very Happy Birthday to all Probians having Birthdays in September 2026

Sl. No.	Name of Probian	M.No.	Date of Birth
1	Sridhar S Sankaran	L-409	01.09
2	Jayaraman R.	L-030	02.09
3	Ramnath G.	A-092	04.09
4	Jayamani C	L-320	07.09
5	Balakrishnaiah K.V.	A-004	08.09
6	Brahada Sankaran	L-091	08.09
7	Jayakumar S	L-300	08.09
8	Pattabhiraman S.V.	L-056	08.09
9	Thiyagarajan P.	L-203	08.09
10	Venkatesan K	A-408	08.09
11	G Ananthan	L -415	08.09
12	C Rajasundaram	L- 418	09.09
13	Sridharan S	L-349	10.09
14	Swaminathan A.M. Dr.	L-040	11.09
15	Manavalan A.J.	L-350	15.09

Sl. No.	Name of Probian	M.No.	Date of Birth
16	Sivaraman K.R.	L-195	15.09
17	Deviprasad M.C.	L-251	16.09
18	A. Veerapandian	L -408	16.09
19	Kailash G.S. Dr.	L-177	17.09
20	Nagabooshanam P. Dr.	L-149	18.09
21	Selvarani S.	L-271	18.09
22	Aiyer V.L.	L-369	21.09
23	Chandrasekaran J	L-325	21.09
24	Lakshmi Natrajan Mrs.	L-179	21.09
25	Parthasarathy B. Dr.	L-136	21.09
26	Muralidharan A.S	A412	21.09
27	Ramanan N.	L-126	26.09
28	Chandrasekharan V.V. Major Retd.	L-006	27.09
29	Rammohan N.	L-078	27.09
30	Jagadisan C.D.	L-374	30.09

Apart from Breakfast Meeting it was celebration of Independence Day, honouring War Veterans, Madras Week, Colonel Krishnaswami, Surgeon Captain C V Natarajan, Wing Commander S. Ravikumar were honoured.



Wedding Day LIST SEPTEMBER 2026

S.No.	Name of the Probian	Mem. No.	Wed. Dt	Spouse Name
1	Badrinath P Ln	L-156	02.09	Mrs. Alli Rani Badrinath
2	Rajagopal V.	L-170	02.09	Mrs. Jyothi Raj
3	Suntharaam E.P.	L-238	02.09	Mrs.M.L.Nirmala
4	Maniyan K S	A410	02.09	Lakshmi Maniyan
5	Ramanathan S.	L-204 (old A-178)	03.09	Mrs. Alamelu alias Padma
6	Ramaswamy N.	L-085	04.09	Mrs. R. Thilakavathi
7	James A.	L-375	06.09	Mrs. J. Santha James
8	Mohanam T.	L-381	07.09	Mrs. Manohari M.
9	Ramavadhani J.	L-386	07.09	Mrs. K. Padmalalitha
10	Veeraraghavan K.V.	L-394	07.09	Mrs. M.R. Saroja
11	C Ganapathi	L 400	07.09	Mrs.S Latha
12	Nalini Moorthy	L-114	08.09	Mr. V.T. Moorthy
13	Palamalai Lakshmanan	L-280	08.09	Mrs. P. Indira
14	Subbaraj R.	PF 04	09.09	Mrs. Kasthuribai
15	Dr J Haridoss	L 406	09.09	Mrs.M.S.Shantha
16	Rathakrishnan S. Ervadi	L-163	10.09	Mrs. R. Chithambarammal
17	Dr M Rajagopalan	L 403	10.09	Dr D Shanthi
18	Sundaram S.V.	L-392	12.09	Mrs. S. Vijayalakshmi
19	Rangaramanujam K.	L-387	14.09	Mrs. R. Bhanumathi
20	Sarma R. H. (Harihara) Prof.	L-111	14.09	Mrs. Lalitha H. Sarma
21	Annadhurai M.	L-228	15.09	Mrs. A. Lakshmi
22	Indira Ramanathan Dr.	L-116	15.09	Dr. V. Ramanathan
23	Arunachalam T	L-353	15.09	Mrs.Geetha Arun
24	Ananda Krishnan P.	L-233	16.09	Mrs.Poonkodi S
25	Dr M C Sambantham	L 401	16.09	Mrs.Vijayashri
26	Pandurangan V.M.	L-237	20.09	Mrs.Vasanthi
27	Venkatachalam P.R.	L-191	20.09	Mrs. Vijayalakshmi
28	Kothandaraman A.V.	A-281	22.09	Mrs. K. Vasantha
29	Vijayalakshmi Masilamani	L-348	26.09	Dr. V. Masilamani

Scholarship Distribution Event on 2nd September at Russian House – Students Receiving Scholarships from Chief Guest, Guests of Honour, Probus Members



குடியிருந்த கோயில்

அன்னையெனும் தெய்வமாய்
எனக்கு அமைந் தாய்
என்னுடலில் உமது உதிரம் உயிர்
கலந் தாய்

என் கல்விக்கு முதல் குருவாய் திகழ்ந் தாய்
எனது பிணிபோக்க என்னும் நீ தவமிருந்
தாய்

உன்னையே மெழுகாய் உருக்கியெனை வளர்த் தாய்
யான் முன்னேறிட என்றும் பாடுபட்ட என் அருந்
தாய்

எனது வளர்ச்சியில் திண்டாடியே அயர்ந் தாய்
கொண்டுவாரா திருப்பினும் முகம் மலர்ந் தாய்
தளர்ந்தாலும் தாங்கியெனை அணைத் தாய்
வளர்ந்தாலும் குழந்தையென அடைக்கலம் தந் தாய்
அம்மா, அம்மா என பாசமுடன் பேசவைத் தாய்

மகனின் வளர்ச்சி கண்டு மனதார நீ திளைத் தாய்
தளராது குடும்பத்திற்கு அல்லும் பகலும் உழைத்
தாய்

எத்தனையே வலி துன்புற்றே இளைத் தாய்
அத்தனையும் சுமை தாங்கியாய் நீயே சுமந் தாய்
கண்ணின் கருமணியாய் நீ நெஞ்சில் ஒளிர்ந் தாய்
கண்டிடும் கண்கண்ட தெய்வமெனவே மிளிர்ந் தாய்
கருமுதல் இன்றுவரை இன்ப சுமையாய் களித் தாய்
உலகினிலே தாயே உன்னதமென மதிக்கச் செய்
தாய்

உருகவைக்கும் பந்த பாசப் பிணைத் தாயே

அடியேனை ஈன்றெடுத்த அன்னை சிவகாமி தாயே
உமது பொற்பாதங்களுக்கு சாஷ்டாங்கம் கோடி
கோடி தாயே.

இப்படிக்கு,
துரைசாமி சீவகாமி இராமையா

என் கடன் பணி செய்து கிடப்பதே

திருநாவுக்கரசர் தொண்டு நெறி எனும்
உழவாரத்தின் மூலமாக, உலகத்தின் முதல்
தூய்மைப் பணியாளராக தம்மை அடையாளப்படுத்திக்
கொண்டார். சுற்றுச்சூழல் சிந்தனையாளராக
இயற்கையில் காணப் பெறும் அனைத்துத் தாவரங்கள்,
விலங்கினங்கள் ஆகிய எல்லா உயிர்களும் வளம்பெற
வேண்டும்.

அவற்றின் எண்ணிக்கையும் பெறுக வேண்டும் என்ற
பெறு நோக்கு கொண்டவர் அப்பர் அடிகளாகும்.

திருக்கோயில்கள் மட்டுமின்றி சிற்றூர், பேரூர்
நெடுஞ்சாலைகள் ஆகிய எல்லா இடங்களும்
தூய்மையாக இருக்க வேண்டும் இறைமணம் வீசும்
இடங்களாக விளங்க வேண்டும் என்பதற்காக
உழவாரத்தை பயன்படுத்தினார். அவர் கையில்
இருக்கும் உழவாரம் அலங்காரம் பொருள் அன்று.
அது உழைப்பின் சின்னமாகும்

நங்கடம்பனைப் பெற்றவள் பங்கினன்
தென்கடம்பைத் திருக்கரக் கோயிலான்
தன் கடன் அடியேனையும் தாங்குதல்
என் கடன் பணிசெய்து கிடப்பதே.

என்ற பாடல், பணிசெய்வதில் அவருக்கிருந்த
ஆர்வத்தை காட்டுகிறது. நாட்டு மக்களின் நலனில்,
துயரத்தில் கரைந்து, கலந்து அவற்றை நீக்கவும்,
மாற்றவும் அவர் ஆற்றிய அறப்பணி மிகப் பெரியதாகும்.

இறை பணி: நான்கு வகை

1. புறத்தொழில் மாத்திரையானே, உருவத் திருமேனி
நோக்கிச் செய்யும் வழிபாடு — சரியை.
2. புறத்தொழில், அகத் தொழில் எனும் இரண்டாலும்
அருவருவத் திருமேனியை நோக்கிச் செய்யும்
வழிபாடு — கிரியை
3. அகத்தொழில் மாத்திரையானே அருவத்
திருமேனியை நோக்கிச் செய்யும் வழிபாடு —
யோகம்.
4. புறத்தொழில், அகத்தொழில் இரண்டுமின்றி,
அறிவுத் தொழில் மாத்திரையானே, அம்முன்று
திருமேனிக்கும் மேலாக உள்ள, சச்சிதானந்தப்
பிழம்பாய் நிற்கும் சிவபரம் பொருளிடத்தில்
செய்யும் வழிபாடு ஞானம் என்று மாதவச்சிவஞான
சுவாமிகள் கூறுவர்.

இவ்வாறாக இறைபணி, எல்லா உயிர்க்குமான
நற்பணிகளசெய்து வாழ்வதே போற்றதலுக்கும்
பாராட்டுதலுக்கும் உரியது. இதுவே பிறந்த பிறவியின்
பயன். இதுவே முத்தி பெறுதற்கான வழியாம்

முத்தியின் பெருமை:

ஈசன் தரக்கூடியது எல்லாவற்றிலும் உயர்ந்தது
முத்தியே.

ஈசன் கொடுக்கும் எல்லாவற்றிலும் பெரியது
ஆசகன்ற முத்தியே.

Probian Dr K. Ramalingam



AI

UNDERSTANDING LANGUAGES

What Is an LLM?

A Large Language Model (LLM) is a deep-learning system trained on massive amounts of text to understand and generate human language. Built on transformer neural networks, LLMs learn patterns in language so they can perform tasks like

- Writing and summarizing text
- Answering questions
- Translating and editing content
- Generating code

Large Language Model, LLMs don't "know" facts in a database sense; they predict likely word sequences based on patterns seen during training. This makes them powerful but prone to errors or "hallucinations" when asked about specialized or up-to-date information they weren't trained on.

What Is RAG?

RAG (Retrieval-Augmented Generation) is an AI framework that improves LLM answers by combining them with external, authoritative knowledge instead of relying only on the model's internal training data.

In simple terms:

- You ask a question.
- The system first retrieves relevant documents or data from a trusted source (your website, a knowledge base, research papers, etc.).
- It then feeds that retrieved text to the LLM along with your question.
- The LLM generates a response grounded in that real information, often with citations.

How RAG, Retrieval-Augmented Generation, Works (Step by Step)

- 1 User query is received.
- 2 A retrieval system converts the query into a numeric representation (an embedding or vector).
- 3 This vector is compared to a vector index of documents to find the most relevant passages.
- 4 The top matching documents are retrieved and converted back to human-readable text.
- 5 The LLM receives both the original question and the retrieved context, then synthesizes an answer.

Result: answers that are more accurate, up-to-date, and domain-specific, with fewer hallucinations.

Why RAG, Retrieval-Augmented Generation, Matters

Accuracy: Grounds responses in real data, not just training patterns.

Freshness: Can use current documents, even if the LLM's training is older.

Trust: Systems can cite sources, so users can verify claims.

Cost-efficiency: Extends an LLM to new domains without retraining the entire model.

RAG is the core technology behind many modern AI search and assistant systems, including enterprise chatbots and AI-powered search engines.

Relationship Between LLM and RAG

LLM = the "**brain**" that understands language and generates text.

RAG = the "**research assistant**" that fetches relevant facts before the brain writes the answer.

Together, they form systems that can reason over real, external knowledge instead of just pattern-matching from memory.

Mr. Con Conlon's extraordinary feat

Ramachandran and I attended a Rotary meeting on 25 August, where Mr. Con Conlon, an Irishman settled in Chennai, gave an exhilarating account about his experiences while running the 250 kms ultra marathon across the Sahara Desert.

Mr. Con Conlon's account of his punishing run of 250 kms. in the ultra marathon across the Sahara, is the ultimate example of mind over matter- how we can succeed against huge odds if we set our minds to it, act smartly and plan meticulously. His bigger purpose of using the money he would get for helping homeless kids kept driving him even when his exhausted body was begging him to stop. Many of the participants gave up and turned back and one participant even died. His body was drained and exhausted, but giving up was never an option for him — the same quality that made him soar in his business. His purpose and grit saw him ace one of the most gruelling sports in history. He also says his tough and disciplined upbringing helped in not giving up.

However, looking back now, what he remembers the most is not the troubles or the pain, but the wonderful, blissful, lifetime experience — running alongside camels, beautiful sunsets, extraordinary sceneries and above all, the humanity and spontaneous kindness of total strangers in offering help. These rewards made all the extreme challenges completely worthwhile and rewarding.

Mr Con Conlon is 54 now, and continues to run every day along Boat Club Road, Greenways Road, C P Ramaswamy Rd. and St. Mary's Road, carrying his 8 kg backpack... but no more Sahara ultra marathon, he says!

Pbn S.Uma Shanker and B. Ramachandran
who attended Rotary Club of Madras
Meeting on 25th August
at the Hyatt Regency, Anna Salai



Dates to Remember: Saturday 26th September 2026

Breakfast Meeting

Venue: Russian Centre for Science and Culture, 74 Kasturi Ranga Road, Teynampet, Chennai 600018

Chief Guest: Mr. Mohan Ram C, Adjunct Professor, IIIT, BLR, Digital Skills Academy, IIT, MADRAS Pravartak

Topic: Digital Security and Safety Measures

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